

Setting Up Your Pledge Page

Register for an Account:

1. Click 'Register'
2. Create a Race Roster Account or Sign in using Facebook

The screenshot displays the Race Roster website interface. A modal window titled "Let's get started" is open, prompting the user to enter their email address and password. The modal includes radio buttons for "No, I want to create a password" and "Yes, I have a password" (which is selected). Below the password field is a "Forgot password?" link and a "Sign in" button. An "OR" separator is followed by a "Sign in with Facebook" button. In the background, a purple sidebar contains the "Seize the Day 5k Run / 2.5k Walk" logo and the Race Roster logo, along with a welcome message. The main navigation menu on the left includes links for "Event details", "View teams", "Donate to participate", "Participant list", "Fundraising leaderboards", "Register", and "Confirm registration". The footer area shows a "Donate now" button and a banner for "WALKING IN HONOUR AND MEMORY OF" with a date of September 25, 2022, at 10:30 a.m. EDT.

3. When your profile is created, you will be able to register for either the 2.5K Walk or 5K Run or the Virtual Walks/Runs . Please select which event you would like to participate in.
4. After selecting which event you would like to participate in, please fill out the registration form, providing as much detail as possible.

Personal information

I am completing this form for *

☐ Myself
☐ Someone else

First name *

Last name *

Date of birth *

Month

Day

Year (e.g., 1981)

Email *

Phone number *

Address *

Enter a location

Country

City *

State/province

ZIP/postal code *

After you have completed filling in your personal information and if you want to create a new team, please select 'Yes, create a new team and add this participant'. After you have selected this option, please fill in your team's name and additional information.

Teams

Add registrant to a team? *

☒ No, do not add to a team
☐ Create new team

Enter promo code

Enter promo code

ADD ANOTHER REGISTRANT

CONTINUE

Alternatively, you can join an existing team by clicking "Yes, add this participant to a team created by someone else" and select the team you would like to join from the drop-down menu.

A list of teams can be found on the event home page by clicking "View Teams".

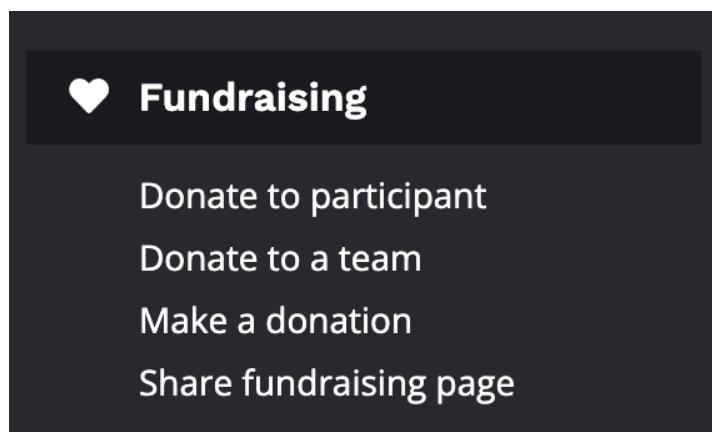
For further information, please

visit our [Seize the Day website](#) or contact Lynda DeBuck at Lynda@epilepsyswo.ca

Creating or Editing Pledge Pages

To edit your individual pledge page, please follow the instructions provided by Race Roster.

1. Go to the event registration page on Race Roster
2. Click **Sign In** on the top right hand corner
3. Once you sign in, click **Menu** on the top right hand corner
4. A menu will appear, scroll down and click **Share Fundraising Page** and you will land on your pledge page for this specific event



5. To the right click **EDIT FUNDRAISING PAGE** and make any necessary adjustments to your pledge goal, adding text, and adding an image to your page.

 [Edit fundraising page](#)

 [Register for event](#)

 [View leaderboards](#)

Once you are finished updating your page click **SAVE UPDATED FUNDRAISING INFORMATION**

Sample Online Registration Message

Consider adding your personal story to the online registration.

Dear Family and Friends,

On [insert date], I am taking part in Epilepsy Southwestern Ontario's Annual Seize the Day fundraising event. Seize the Day 2.5k Walk & 5k Run supports individuals, families, and community members who are affected by seizures and epilepsy.

Epilepsy can happen to anyone at any time!

It is one of the most common neurological conditions in Canada affecting approx. 1 in 100.

People living with epilepsy often feel like their lives are defined by their epilepsy & they live in fear of their next seizure. When & where will it happen? Will they be hurt? Will bystanders know what to do?

But...there is hope!

Your donation will help ESWO to provide support & services for people living with epilepsy & their families. Services that help families understand a diagnosis, navigate the medical & social service systems, & help them connect to others affected.

Help me reach my fundraising goal for the Annual Seize the Day Event. Or consider joining my team! Register for the event and we can walk/run together.

I greatly appreciate your support and will keep you posted on my progress.

Thank you!

Thank you for registering for the Annual Seize the Day Walk! Your support of Epilepsy Southwestern Ontario is greatly appreciated, and we hope you enjoy fundraising and participating in the event with friends, family, and coworkers! Your effort and contributions make a significant impact for families and individuals in the community, and we are truly grateful to have you as a part of the ESWO community.