

# THE 8th ANNUAL **SEIZE** THE DAY

Walking In Honour & Memory of  
People Affected by Seizures



**Saturday, September 21st, 2024**

**Vollmer Culture & Recreation Complex, LaSalle**

Register in advance for \$30 or at the event for \$40

**Everyone who registers for the in-person event will receive a T-shirt!**

(To ensure you get your preferred size, please register by August 14th, 2024.

Participants who register after this date will still receive a T-shirt, but size availability cannot be guaranteed.)

**Come to our BBQ Fundraiser following the run/walk!**



Not able to attend?

Visit our website to learn more about our virtual option



[epilepsyswo.ca](http://epilepsyswo.ca)

**epilepsy**  
southwestern  
ontario