

THE 11th ANNUAL **SEIZE** THE DAY

Walking In Honour & Memory of
People Affected by Seizures



Sunday, September 29th, 2024

Graham Family Eco Park, London

Register in advance for \$30 or at the event for \$40

Everyone who registers for the in-person event will receive a T-shirt!

(To ensure you get your preferred size, please register by August 14th, 2024.

Participants who register after this date will still receive a T-shirt, but size availability cannot be guaranteed.)

Come to our BBQ Fundraiser following the run/walk!



Not able to attend?

Visit our website to learn more about our virtual option



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