

Incorporating Geocaching into your Seize the Day Walk

What is Geocaching?

<https://www.geocaching.com/play>

Geocaching is a real-world, outdoor treasure hunting game using GPS-enabled devices. Participants navigate to a specific set of GPS coordinates and then attempt to find the **geocache** (container) hidden at that location. Once found, sign the logbook and return the **geocache** to its original location.

Check out [Geocaching 101](#)

Benefits of Trying Geocaching while on your Seize the Day Walk

- Something to do while you're walking
- New activity for some
- Cost effective activity with many other benefits
 - You can learn fun facts about Planet Earth.
 - It will stretch you to your limits – physically and mentally.
 - Experience new places or discover places you never knew existed right in your own neighborhood.
 - It is a great way to stay healthy while having fun.
 - It is fun for the whole family.
 - It gets you outside.
 - You will find that discovery, exploration and adventure still exist in the real-world.
 - Guide you to moments of peace and serenity.
 - You will be delighted by the work of artists and engineers.

[15 reasons to love geocaching – Official Blog](#)

Groups of Geocaches per County

We've put together a list of some geocaches that you may want to check out in your neighbourhood. We encourage you to explore the website and find others that you can hunt for.

Elgin

- Fingal Wildlife Management Area FWMA Caches – eg GC6PQ1W
- Gillmoreski's Run Caches – eg. GC4QZ1N

- Elgin Trail - GC97ZZ0

Chatham-Kent

- I Hate Rockpiles - GC3GF6F
- Last to Find - GC4QTK1

Lambton/Sarnia

- Mini Forest - GC5T92P
- Life's a Beach - GC2G329

Essex/ Windsor

- Essex Region Conservation Authority (ERCA) Chrysler Canada Greenway Caches - eg. GC32DFC
- Naturewalk caches - eg. GC6MNDC
- Riverfront Trail Caches - eg. GC6MPWN

London/ Middlesex

- Uniquely Canadian Series - eg. GC6ZDM5
- Duck Duck Goose - GC3KYPE
- Purple Bag Trail - GC92P25

Oxford

- Burgess Trail Caches - eg. GC7CZR7
- Penguin Series Caches - eg. GC6Q4Q8

Huron

- Feathered Friends Series- eg. GC2VWTF
- G2G Rail Trail Caches - eg. GC8Y8EY

Bruce

- #1 Have Patience - GC617HN
- Bruce County Rail Trail Caches - eg. GC3NK4T

Grey

- Old North Grey - GC67XGA
- Just Around the River Bend - GC9D4RW