

The 5th annual Seize the Day

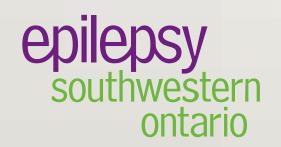
5k Run / 2.5k Walk

Sunday, September 30, 2018 10:30 a.m.

Graham Family Eco Park London, ON



- Register in advance for \$20 or at the event for \$25
- The event is free for any individual submitting at least \$100 in pledges
- Receive a free t-shirt and have your registration fee waived if you submit \$150 or more in pledges
- BBQ Social following the run



To learn more, visit

epilepsysupport.ca

